

NOURISH FOR LIFE™

NOURISH. BALANCE. REVITALISE.

A natural berry-flavoured nutritional drink mix for health and vitality.

WHY NOURISH FOR LIFE?



¹Vitamin B6 contributes to the normal functioning of the nervous, psychological and immune systems. Riboflavin (B2) contributes to normal functioning of the nervous system and vision. Thiamin contributes to normal functioning of the heart system.

²B vitamins [B6, B12 and niacin (B3)] contribute to the reduction of tiredness and fatigue.

³Vitamin B12 contributes to normal energy-yielding metabolism.

HOW DO I USE NOURISH FOR LIFE?

Nourish for Life should be mixed with water and enjoyed first thing in the morning for maximum benefits. Alternatively, drink between meals, poured over ice or diluted with warm water if preferred.

- **Everyday Revitalising:** 30-59 ml up to twice daily
- **Deep Revitalising:** 118 ml with 120-240 ml of cold water four times daily for up to two consecutive days.

Nourish for Life can be used for Everyday Revitalising and is a fundamental component of Cleanse Days⁴.



**For more information,
please contact your Isagenix
Independent Associate.**



⁴A Cleanse Day is a nutritionally supported fast that nourishes and energises your body's own detoxification systems. For further Cleanse Day information, visit [Isagenix.com](https://www.isagenix.com)